



# EDO UNIVERSITY IYAMHO

## DEPARTMENT OF NURSING SCIENCE

### NSC 212 CLINICAL NURSING PRACTICUM



**Instructor:** Chukwuyem N. E

Email: chukwuyem.emmanuelson@edouniversity.edu.ng

Lectures: Monday, 8am ó 12.10 pm, LT 3, phone: (+234) 8034826355

Office hours: Wednesday, 2.30 to 3.30 PM (just before class), Office: GF Rm 34

**Co instructor:** Osemudiamen Blessing.

**General overview of lecture:** This course is practical oriented and its intended to develop the student's psychomotor skills. This course covers all the various practical aspects of Nursing, including Admissions and discharge, vital signs, patients nutrition etc.

**Prerequisites:** NSC 212: Clinical Nursing Practicum course is a two (2) unit credit course meant for students who are pursuing B.NSc degree. This course entails both the laboratory and clinical practice which is designed, to meet the comfort, safety measures, basic needs and the hygienic needs of the patients

**Learning outcomes:**

At the completion of this course, students are expected to:

1. Understand basic concepts of admissions, transfer and discharge of patients.
2. Demonstrate understanding of patients with nutritional needs.
3. Understand the principles of medication administration.
4. Understand the basic principles of Nursing interventions.
5. Understand wound care and bandaging

**Assignments:** We expect to have one individual homework assignments throughout the course in addition to a Mid-Term Test and a Final Exam. Home works are due at the beginning of the class on the due date. Home works are organized and structured as preparation for the midterm and final exam, and are meant to be a studying material for both exams.

**Grading:** We will assign 10% of this class grade to homeworks, 10% for the programming projects, 10% for the mid-term test and 70% for the final exam. The Final exam is comprehensive.

**Textbook:** The recommended textbook for this class are as stated:

Fundamentals of Nursing

Title: ÉKozier & Erbø, C++ Edition, 10th Edition

by Audrey T. Berman, 2000. ISBN-10: 0-13-397-436-7,

ISBN-13: 2900133974361.

Title: *Foundations of Nursing and First Aid* by Ross and Wilson

D.S. Usman. J.O. Obajemihin, C.O. Adegbite,

M. F. Bray, K.J.W Wilson, J.S. Ross Course 4th ed.

Moseby (London: 2013) p.130

**Main Lecture:** Below is a description of the contents. We may change the order to accommodate the materials you need for the projects.

## **Courseware: - NSC 211 – CLINICAL NURSING PRACTICUM**

The following documents outline the courseware for the course NSC 211 CLINICAL NURSING PRACTICUM. Much of this material is taken from recommended text books.

### **1: Introduction. Admissions and Discharge.**

- i. Types of Admissions
- ii. Indications
- iii. Admission procedure (planned and ambulant),
- iv. Admitting the paediatric patient
- v. Roles of a Nurse,

### **2: Transfer of Patients.**

- vi. Types
- vii. Trans in
- viii. Trans out)

### **3: Discharge of a patient from the Hospital.**

- ix. Discharge Planning
- x. Role of a Nurse
- xi. Regular Language Closure Properties

### **4: Dealing with Discharge against medical advice.**

- xii. Steps

### **5: Patients Nutritional Needs.**

- xiii. Concept of Nutrition
- xiv. Steps to better nutrition
- xv. Nutritional needs of hypertensive patients
- xvi. Nutritional Needs of Pancreatitis patients
- xvii. Nutritional Needs of Pregnant women

### **6: Types of diet in the Hospital**

- xviii. Regular Diet,
- xix. Liquid Diets
- xx. Soft Diets
- xxi. Restricted Diets
- xxii. Therapeutic Diets



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