



EDO UNIVERSITY IYAMHO

Department of Nursing Science

NSC 302 Community Health Nursing/Praticum



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Lectures: Tuesday, 10:00 a.m. – 12:00 p.m. and Friday, 2:00 p.m. – 4:00 p.m. LT3, phone: (+234) 8055673091

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Teaching Assistants: *Mudiaga Eugene Akpotor*

General overview of lecture: This course has two aspects: theoretical part and practical part: the theory aspect introduces the student to primary health care (PHC) as the chosen health care system to providing healthcare for all irrespective of social status, age, creed, religion, race, gender etc. the main focus will be to expose the student to the skills, and knowledge needed to work collaboratively with other health care workers in the community in order to assist individuals, families, and communities in identifying, prioritising and attending to their health needs in a responsible and sustainable manner. Therefore, the course will focus on the following: historical antecedent of PHC; PHC philosophy, concepts, and principles; health patterns in the community; organisation and scope of PHC in Nigeria; approaches to PHC (i.e. multidisciplinary and intersectoral approaches); components of PHC; and management in PHC. It will also cover the introduction to community health nursing, concepts in the community, history, components, and principles of community health nursing, basic and scientific principles and practice of community health and primary health care programmes, family and community health nursing diagnosis, through organised exposure to community health/primary health care programmes. The roles of the community health nurse, community mobilisation, types of community. School health services.

The practical aspect will cover both the laboratory and clinical practice of community health nursing. Organised exposure should take the following format:

- i. A period of posting to a defined rural geographical-political community.
- ii. Analysis and presentation of the data to describe community health problems, Social and health needs and draw inferences for service objectives related to specific preventive, promotive and health maintenance strategies.

Prerequisite: The students are expected to have taken and passed Foundation of Nursing courses at second year of study, and therefore, have an understanding of the concepts of nursing, health, man and environment, the history of nursing and the roles and functions of a nurse in the delivery of health care.

Learning outcomes: At the completion of this course, students are expected to:

1. Display an understanding of basic terminologies used in Community Health Nursing and Primary Health Care.

2. Give the historical account of Community Health Nursing and Primary Health Care.
3. Demonstrate ability to distinguish between Community Health and personal health.
4. Identify the principles, elements and components of Primary Health Care as well as the role of the Primary Health Care Nurse.
5. Appreciate the difference between Community Health Nursing Diagnosis and individual nursing diagnosis.
6. Identify major role and function of the Community Health Nurse.
7. Appreciate the importance of School Health Programme and the role of the School Health Nurse.

Assignments: the course is designed in such a way that the students will be assigned topics for term paper (due in week 10) in addition to a Midsemester Test (week 7) and a Final Exam (end of semester). This will be followed by a 6-week concentrated clinical posting to a comprehensive primary health care centre in a rural community, where students are expected to honed their practical skills using the theoretical knowledge gained in the class room. The concentrated clinical posting will also afford the students opportunity to carry out a community assessment, diagnosis, plan and implement community health nursing actions to resolve the diagnosis. Students will be expected to prepare a detailed report in Word document and PowerPoint which will be presented to the department of nursing science at the end of the posting.

Grading: We will assign 5% of this class grade to term paper, 10% for the mid-semester test, 35% for the community posting project report presentation and 50% for the final exam. The Final exam will be comprehensive.

Textbooks: The recommended textbooks for this class are as stated:

Title: *Community/public health nursing: Promoting the health of populations*

Authors: J. A. Allender, C. Rector, K. D. Warner

Publisher: Wolters Kluwer Health/Lippincott Williams & Wilkins, 7th Edition

ISBN: 13: 978-0-7817-6584-8

Year: 2010

Title: *Community health nursing*

Author(s): B. T. Basavanthappa

Publisher: Jaypee Brothers Medical Publishers (P) Ltd, 2nd Edition

ISBN: 81-8448-096-2

Year: 2008

Title: *An introduction to community and public health*

Author: J. F. Mckenzie, R. R. Pinger & D. M. Seabert

Publisher: Jones and Barlett Learning, 9th edition,

ISBN: 9781284108415

Year: 2018

Courseware: - NSC 302 – Community Health Nursing/Practicum

The following documents outline the courseware for the course NSC 302- Community Health Nursing/Practicum. Much of this material is taken from recommended text books.

1: Introduction to Community/Health Nursing.

- i. Community Health Nursing at a glance.
- ii. Definitions, functions, characteristics and types of community.
- iii. Difference between community, population and aggregate.

2: Health, Wellness and Wellbeing.

- iv. Definitions of health, wellness and wellbeing.
- v. Public and expert views on health.
- vi. Models of health.
- vii. Health status, belief, and behaviours.
- viii. Factors influencing health status

3: Concept of Community Health

- ix. Definition and purpose of Community Health.
- x. Brief history of Community Health.
- xi. Objectives and determinant of Community Health.
- xii. Principles and elements of Community Health practice.
- xiii. Core functions of Community Health and concept of health care system.

4: Concept of Community Health Nursing.

- xiv. Definition, philosophy and nature of Community Health Nursing.
- xv. Assumption and belief of Community Health Nursing.
- xvi. Significance and scope of Community Health Nursing.
- xvii. Characteristics and goals of Community Health Nursing.
- xviii. Principles, roles and functions of Community Health Nursing.

5: Community Health Nursing Process.

- xix. Overview and definition of Nursing Process.
- xx. Importance, advantages and component of Nursing Process.

6: Primary Health Care: Concepts and Principles.

- xxi. Health for All: concept, definition, evolution and principles.
- xxii. History of Primary Health Care.
- xxiii. Definition, characteristics, principles, elements, aims and objectives of PHC
- xxiv. Roles of nurses in PHC in Nigeria.
- xxv. Organisation of PHC at federal, state, and local government levels in Nigeria.

7: School Health Service Programme.

- xxvi. Concept of school health service programme.
- xxvii. Definition, aims and objectives of school health service programme.
- xxviii. Importance and components of school health service programme.
- xxix. Health needs of the school child.
- xxx. Management of common health conditions among school children.
- xxxi. Medical examination.
- xxxii. Promotion of good school environment.
- xxxiii. Management of school food vendors.

